



# CLASS ACT

Vol. 10 no. 1

January 2010

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### Special Dates

- January 5-Lunch Bunch Astoria
- January 18 Biological Anthropology Begins
- January 19 South Asian Thought and World Heritage Sites Begin
- January 20 Limits of Power and Climate Change Begin
- January 21 Magical World of Orchids and Calligraphy Begin
- January 22 Book Group Begins & Winter Social
- February 2-Lunch Bunch Seaside
- March 2-Lunch Bunch Astoria
- February 18 Merchant Marine's Begins

## Winter Classes

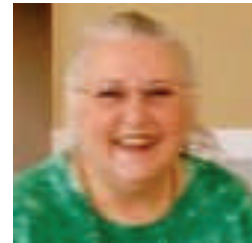
Sue Zerangue

Dearest Members and Friends,

I hope this finds all of you enjoying another soggy, breezy, chilly North Coast winter, preparing for a fresh new term of ENCORE classes which will run from January 18th through March 12th, 2010. Your Curriculum Committee has selected nine courses for your continuing edification and I'm most eager to tell you a tantalizing bit about each one. A more complete description will be available in our printed schedule and further particulars, with the help of Webmaster Bob's last web update, should soon appear at [www.encorelearn.org](http://www.encorelearn.org).

Monday mornings at the Senior Center will see the return of **Biological Anthropology** course. In the second term we'll focus, as promised, on the fossil record of human origins, creating a six million year timeline from African apes to the emergence of Homo sapiens. We'll research the importance of such well-studied bones as Ardi, Lucy, and their lesser-known kin along the convoluted evolutionary path from scattered arboreal dwellers to the urban billions we are today. It's an amazing story and I encourage you to join me in the telling of it. day mornings at the Senior Center. *(Begins January 18, 10-12, at the Astoria Senior Center).*

A rare treat is in store for us on Tuesdays. **Seth Tichenor**, a dynamic young philosophy professor from Linfield College, returns to honor us with a course on **Classical South Asian Thought**, from its roots in the early Vedic period, 1500 BCE, through the Islamic invasions of 1100 AD, to the Gunpowder Empires of the 14th to 16th centuries. Seth will take us on an exploration of 3,000 years in Brahmanic and Hindu beliefs. We'll begin in the Bronze and Iron Ages with the Vedas, sacred Sanskrit texts, then learn of what influence Muslim dynasties had on South Asian cultures, culminating in the devastating effects new technologies of gunpowder & artillery at the hands of the Ottomans brought to these ancient societies. An historical and philosophical trip well worth taking. *(Begins January 19. 10-12, at the Astoria Senior Center).*



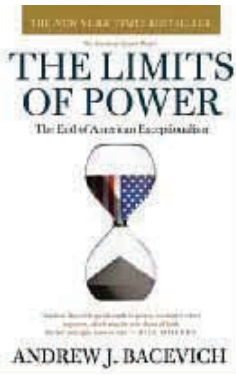
Sue Zerangue

## Winter Social

**The January Social will be held on January 22, from 2-4pm, at the Warrenton Community Center**  
**Join us for entertainment, a quite interesting icebreaker, refreshments, and pick up your new Membership Directory.**

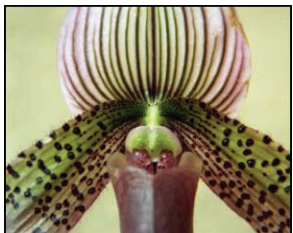
Encore is sponsored by Clatsop Community College





**Steve Berk will lead this contemporary discussion**

*“Learning is not a product of schooling but the lifelong attempt to acquire it”*  
*Albert Einstein*



**Ben Cadman share the magic of orchids**

## *From the Limits of Power and Merchant Marines to Orchids.....*

Back by popular demand! Tuesday afternoons at the Senior Center will feature **Art Limbird's** depictions of more **UNESCO World Heritage Sites**. Art, with his lovely wife, Kay, visited three of these sites in the U.S. and Canada in 2008 and 2009. They will use their personal photos and descriptions to help us experience these sites, to see why they were chosen, and to understand some of the positive and negative effects on each of them. In addition to these North American places, we will also investigate more remote sites in Europe, North Africa, South America, and the Middle East. If you are a world traveler, or just wish you were, don't miss this incredible journey that the Limbirds have prepared for us. (*Begins January 19, 1:30-3:30pm, at the Astoria Senior Center*).

Moving to Wednesday mornings at the Senior center, from his usual spot on Fridays, **Steve Berk** is offering something ENCORE hasn't had much of recently ...political debate. Steve's choice of text this term is **The Limits of Power: The End of American Exceptionalism**, (written by the conservative historian and former military officer, Andrew J. Bacevich. Steve invites us, through the rigorous arguments contained in this slim volume of 200 pages, to question the underlying presumptions of the U.S. national security state since the end of WW2 with the aim of world dominance. Have our global entanglements bankrupted us, both financially and morally? If you are tempted to join in this challenging political conversa-

tion, please obtain a copy of the book, available locally and online, become familiar with its contents, and prepare to dissect contemporary American foreign policies. All aboard! (*Begins January 20, 10:30-12, at the Astoria Senior Center*)

**Rick Soller**, ENCORE's resident Science Guy, is switching from celestial events to **Climate Change on Planet Earth** (In the latest of his 4-week 'quickie' classes, Rick will explain to us the factors that have created our climate through the last several hundred thousand years. We'll compare the climates of Earth, Venus and Mars to illustrate the effects of greenhouse gasses, and how the human factor may, or may not, be affecting the current and future climate changes on Earth. That should be riveting. Finally, we'll look at the various alternatives to burning fossil fuels and, by the time this class starts, we'll know the outcome of the currently contentious Climate talks in Copenhagen. If you find these crucial issues of interest, please don't miss Rick's class. (*Begins January 20, 1-3, at the Astoria Senior Center*).

Thursdays we will meet in Seaside. **Ben Cadman** starts us off in the morning with two 4-week classes, running consecutively. First is **The Magical World of Orchids**. We will learn through lecture, video, and demonstration about their world distribution and history; hybridization and cultivation; mounting and repotting; and finally also pests and diseases. Ben will furnish us with examples of this perennial terrestrial or epiphytic plant, which bears beautiful, showy flowers, and, I hope,

## *From Calligraphy a Brave New World....*

will teach those of us who've failed in the past how to keep them alive. (*Begins January 21, 10-12, at the Seaside Library*)

Ben's second class, following right after the Orchids class, will be about **The U.S. Merchant Marine** As a past member of this proud organization, Ben will acquaint us with its history, duties, and especially, its critical role in shipping during WW2. The US wartime merchant fleet provided vital logistical support to the troops and sustained massive losses in their efforts, though their sacrifices are often now forgotten and remain largely unheralded. I suspect Ben would like to set the record straight. (*Begins February 18, 10-12, at the Seaside Library*)

Who wants to add some flair to their holiday greetings, impress friends & family with a new skill, or even just learn to print neatly? (Me!) Well, we're in luck. Thursday afternoons, also at the Seaside Library, **Becky Read** will be instructing us in **Beginning Calligraphy**. The term 'Calligraphy' means "the art of beautiful writing". Her course provides participants an introduction to the history and practical applications of this elegant art form. Hands-on instruction, using the tools, and techniques of italic lettering will be featured. Becky will provide helpful handouts; she'll show us slides of others' work for inspiration, and guide us through a final "fun" project to show-off what we've learned. A comprehensive list of suggested materials will be posted on the

website's Calligraphy Class page, and distributed on the first day of class. Hope to see you there. (*Begins January 21, 1:30-3:30, at the Seaside Library*).

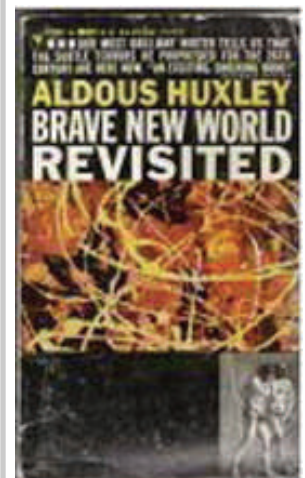
**Roger Williams** has graciously agreed to host yet another term of **ENCORE's Book Group** at the lovely meeting room in the Gateway Building, and again, Gateway residents are welcome to join in the discussions. This term his group has really picked a book of prescient intensity and contemporary relevance...Aldous Huxley's 1958 dystopian novel, **Brave New World** **Revisited**. . Now there's something for us to chew on. Over-population, morality, complexity, propaganda, brainwashing, drugs and Commercialization...after 50 years he didn't miss much in his efforts to define the extent of human freedom. Comparing what Huxley has to say in this book with the ideas presented in some of our other "current issue" classes can't help but amplify our understanding in general. "Life is short and information endless." Aldous Huxley, 1958. (*Begins January 22, 10-12, at the Gateway Building*)

There you have it, my dears. Good luck in choosing how many of these great classes you'll have the time and energy for...also, weather permitting. Schedule/Calendar/Registration forms should go out early in January, and I hope you'll be reading this by Christmas. Your Curriculum Committee and I send our very best wishes for a safe & delightful holiday season. We look forward eagerly to seeing you again next term. Luv2u, ~Sue



**Becky Reed leads us into the world of Calligraphy**

*“When the individual feels, the community reels.” Aldous Huxley  
Brave New World, Ch. 6*



**Roger Williams leads this term's book group in revisiting Brave New World Revisited.**



Roger Williams

## Board Members & Other Contacts

### Board

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Roger Williams

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#### Secretary

Meg Weaver

#### Curriculum

Sue Zerangue

#### Membership

Madeline Gobel

#### Field Trips

Bob Westerberg

#### Past Chair

Helen McDaniel

### Other Contacts

#### Sunshine

Dorothy Scott

#### Historian

Carol Sigurdson

#### Publicity

Jim and Kathleen

Hudson

#### Newsletter & Website

Kitty Paino

#### CCC Liaison

Paula Duncan

## DIRECTOR'S CHAIR

### ENCORE Director Roger Williams

ENCORE continues to grow, gaining new members while retaining our old members. It always gives me a great deal of pleasure to extend a hearty welcome to new members and to meet with our continuing members in classes and social events and other meetings. We hope that this directory will aid all members in meeting other members, committee members, the Board of Directors and our support staff from Clatsop Community College. We are establishing a new web site for the purpose of getting information to all members about classes, field trips, meetings, lunch bunch and updates about our organization. It can be accessed on your computer at [www.encorelearn.org](http://www.encorelearn.org). It is our desire that all members will look at our web site regularly for current information about Encore.

Our curriculum committee has been very active in providing us with a variety of interesting, instructive and fun classes. Our new field trip committee is looking into several exciting field trips and our membership committee is planning picnics and social events for us. I am certain that all of our members will find something stimulating and interesting in our organization.

We encourage all members to become active as students, committee members, or becoming instructors, sharing your knowledge with other members. I am certain that you will find your participation very rewarding. Your comments and suggestions for improvement of our organization are always welcome and encouraged.

The September Annual Meeting was a success. Thank you to all of the officers for their time.

### ENCORE BOARD GOALS for 2010

- ◆ To increase the membership of ENCORE by 20 members
- ◆ To arrange a trip to Ashland or a similar destination every year
- ◆ To finish the website to serve as information source and appoint a person to be in charge of said website
- ◆ To have more social activities for members
- ◆ To ensure more structure so committee leaders are named who will take responsibility for the progress of programs
- ◆ To consider the feasibility of forming subcommittees to consolidate Bylaws into one document, and the clarification of job descriptions

## Lunch Schedule

**January 5**  
**Stephanies Cabin**  
**Astoria**

**February 2**  
**Doogers Seaside**

**March 2**  
**The Breakers**  
**Astoria**



Madeline Gobel

## The Lunch Bunch

### Madeline Gobel

*We meet at noon on the first Tuesday of every month and alternate to different parts of the County. Each lunch includes a theme and a prize. To find out the themes, check your local newspaper or the website. Those with email will get updates from Paula Duncan.*

### January's Lunch

**Stephanies Cabin Seafood & Steakhouse in Astoria**, 12 W. Marine Drive (across from Subway) will host the ENCORE "Lunch Bunch" on Tuesday, January 5, at 12:30 PM. Members are encouraged to wear their name tags and to bring guests. Members and guests will be seated in the back room overlooking the Columbia River. An all-day breakfast menu is offered for seniors at \$6, including a beverage. Apropos the New Year, members reciting their New Year's resolutions might qualify for a "Most Original Resolution" prize. For further information call Madeline Gobel, 503-325-3330.

### Lunch Report

In **September**, the Lunch Bunch met at the Pizza Hut in Warrenton. We told funny stories and had prizes. You'll need to contact people who went to get the rest of the story.

The **October** Lunch Bunch, held at the West Lake Chinese Restaurant, which was under new ownership, brought out the models! Madeline Gobel, Lunch Bunch Coordinator, had suggested we each wear a fall outfit to lunch – well – Madeline admitted to a joke on herself: she forgot and wore a lovely

turquoise outfit. Most of the rest of us forgot .

We did have three participants for the Fall Wardrobe Fashion Show: Marlene Colendich, Bernie Thomas and Cecilia Balcomb. They each strolled the runway quite glamorously and good-naturedly. Cecilia's outfit was chosen as the winner – and she received the prize of two aqua bulbs (for keeping plants watered).

We found the food to be delicious, too. A return trip would definitely be a good idea.

Those in attendance were Rodger and Madeline Gobel, Doug and Cecilia Balcomb, Bernie Thomas, Marlene Colendich, Bob and Aletha Westerberg, and Elaine L. A fun time was had by all!

Cannery Café on 6th Street warmly welcomed us for the **November** Lunch Bunch and we certainly experienced "togetherness" since there were 17 of us in their small meeting room! We were happy to have guests: Moysha of Astoria, Barbara Pitts of Long Beach, WA, and Jade Finni of Astoria.

The theme for November was funny Thanksgiving stories – and if you missed the luncheon, you missed a lot of fun. There were three (count 'em, three) stories of men forgetting to either buy or bring home the turkey.

In **December** we went to Girtles in Seaside. This is our third Christmas

## Lunch Bunch (Continued)

month at Girtles. The food was great and so was the service. Instead of prizes, or gifts to each other, we all decided on canned goods for the food bank. We had a wonderful time and I personally delivered all the food right after the luncheon. This is my third year as Lunch Bunch Coordinator, and I think we should choose Girtles every December.

## Under the Umbrella

### Paula Duncan

Now that you all have made your New Year's Resolutions, I would like to propose that you include just one more to your list....*BECOME A MORE INVOLVED MEMBER OF ENCORE*. The organization is made up completely of volunteer members and to make it more successful, ENCORE needs you to dig in and help out as much as you can. Each member benefits from all the hard work the Board of Directors and committee members put in to their duties. But they NEED your assistance and contributions and ideas too!

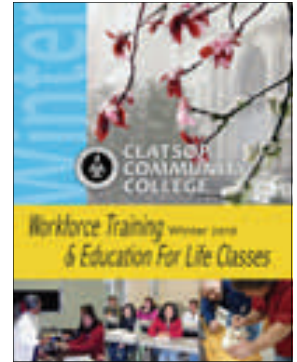
The 2010 ENCORE Directory and the new Winter Quarter Class Schedule will be sent to each member very soon. There will be a good selection and variety of interesting topics to choose from, as always.

So here's to a New Year filled with fun, lots of learning and new adventures!

I have moved to a new location. I am now in the Josie Pepper Building which is at 1642 Franklin Street behind the Performing Arts Center - just to the east ½ block off 16<sup>th</sup> Street. It's a nice little house and there is lots of *PARK-ING!!!!* And, it's not on a hill! I am here permanently and won't be moving again, even after the new Columbia Hall is completed...I still have the same phone number. Here's looking forward to Happy Holidays and a new year ahead!

*Paula Duncan*

Coordinator - Education for Life  
Clatsop Community College  
1653 Jerome Avenue  
Astoria, OR 97103  
503-338-2408



*On July 1, 2004,  
12% of all Americans were 65 and over. By 2050, people 65 and over will comprise 21% of the U.S. population.  
U.S. Census Bureau*

*Kitty is a retired  
Dean of Continuing  
Education from  
Clatsop Community  
College. One of her  
favorite quotes:  
“Age is of no  
importance unless  
you are a cheese.”  
Billie Burke*

**Did you know as a member that you're invited to the Lunch Bunch? It is on the first Tues of the month. We alternate between Seaside, Gearhart, Warrenton and Astoria. Please see the Lunch Bunch Report for more information!**

## Editor's Notes

### Newsletter & Website Editor Kitty Paino

Hello to old friends and to the new people I hope to meet. On behalf of ENCORE, I would like to offer a great thanks to Bob Goldberg for his work as Interim Editor of the Newsletter and Website, and for the many excellent Newsletters that Pat Hainline published. As I transition into the position I hope that I can do as well as Bob and Pat.

We would like to find out which members would prefer to receive their Newsletters by email or online. The electronic

versions, for those who can access them, will be in color and Encore can save on postage. Could you let me know if you would like to receive your Newsletter electronically? You can also email me with information for future Newsletters and the website at: [paino2060@charter.net](mailto:paino2060@charter.net) or call 503-325-0342. If I don't hear from you, your Newsletter will be mailed as usual.

**Please give the registration on the back of the Newsletter to a friend!**

**Call or Email with your preference if you would like an electronic version of the Newsletter: a) I would like to receive my Newsletter via email b) I would like to read my Newsletter online**

## Winter class Schedule at a Glance

### Monday

**Bio-Anthropology** Instructor--Sue Zerangue  
10 - noon, Astoria Senior Center  
Jan. 18 & 25; Feb. 1, 8, 15 & 22; Mar. 1 & 8  
(8 wks.)

### Tuesday

**Classical South Asian Thought**  
Instructor--Seth Tichenor  
10 - noon, Astoria Senior Center  
Jan. 19 & 26; Feb. 2, 9, 16 & 23; Mar. 2 & 9  
(8 wks.)

**World Heritage Sites**  
Instructor--Art Limbird  
1:30 - 3:30 pm, Astoria Senior Center  
Jan. 19 & 26; Feb. 2, 9, 16 & 23 (6 wks.)

### Wednesday

**The American Empire; Limits to Power**  
Instructor--Steve Berk  
10:30 to noon, Astoria Senior Center  
Jan. 20 & 27; Feb. 3, 10, 17, 24 (6 wks.)

### Wednesday (cont.)

**Climate Change**  
Instructor--Rick Soller  
1 - 3 pm, Astoria Senior Center  
Jan. 20 & 27; Feb. 3 & 10 (4 wks.)

### Thursday

**All About Orchids**  
Instructor--Ben Cadman  
10 - noon, Seaside Library  
Jan. 21 & 28; Feb. 4 & 11 (4 wks.)

**The Merchant Marine**  
Instructor--Ben Cadman 10 - noon, Seaside Library  
Feb. 18 & 25; Mar. 4 & 11 (4 wks.)

**Beginning Calligraphy** Instructor--Becky  
Read 1:30 - 3:00 pm, Seaside Library  
Jan. 21 & 28; Feb. 4, 11, 18, & 25; Mar. 4 & 11  
(8 wks.)

### Friday

**Book Group: Brave New World Revisited**  
Instructor--Roger Williams  
10 - noon, Gateway Building  
Jan. 22 & 29; Feb. 5, 12, 19, & 26; Mar. 5 & 12  
(8 wks.)