ENCORE'S

CLASS ACT

June, July, August 2019

Vol. 18 No. 2





Letter From the President by Dave Zunkel

With our calendars soon turned to June, summer cannot be far behind. June brings our annual general membership meeting on Friday, June 7 at 2 p.m. in room 219 of Columbia Hall on the CCC campus. Your attendance is strongly encouraged to assure the 40+% quorum needed to conduct business. But no classes, class registration forms, or attendance sign-ins until fall.

That does not mean that nothing is happening in ENCORE over the summer. Your Board and the leadership of Reta Lindstrom is hard at work planning for fall classes. If you have ideas for a new class or instructor, please contact her soon.

It is said that the only constant in life is change. So it is with ENCORE. We have had a long-standing little-changed relationship with the college since ENCORE's inception. This year the college proposed some changes to the relationship agreement, and an ad hoc ENCORE committee and the Board have been diligently working on a new agreement this winter and spring. The major points of the agreement, still not completed, are as follows:

- 1. ENCORE is now a separate financial entity from the college and is a registered non-profit Oregon business with a formal name ENCORE Learn. We will continue to use the ENCORE acronym for all other purposes. In addition we now have 501(c)(3) tax status, thus able to accept donations and grants in the future.
- 2. ENCORE will be now in charge of the membership process instead of the college, but will not be paying for the membership services previously provide by the college.
- 3. ENCORE will have a more comprehensive insurance coverage for non-class related events (trips, social events, and meetings), while the college will still provided insurance coverage for ENCORE's classes and class-related events.

- 4. ENCORE will continue to partner with the college in the development of classes and associated activities, keep permanent records of our activities, and keep members apprised of our partnership with the college.
- 5. CCC will continue to partner with ENCORE by supporting our classes and associated activities, marketing ENCORE, providing some office support as well as liaison to the Board, and continuing to make the college library available to members at no charge.

As your president I believe that this updated relationship agreement gives ENCORE more flexibility and independence while strengthening our relationship with the college in our educational missions. The coming year will be a year to refine and upgrade our relationship with the college and get accustomed to our greater independence. The Board request your understanding in this evolution and welcomes your questions, feedback, and support.

So I look forward to seeing as many of you as possible at the annual membership meeting and summer picnic. See you back in class in the fall.

MEDITATION By Jean McGonigle

There is no life without the time, For a human Self to go behind, This veil, the screen's of day's demand, To view the inner scaffold, Where one must stand.

To find one's center in joy,
It's sorrow at the core:
Gaze at celestial ceiling,
At earthly floor.
In this vast Universe,
The Self, a speck of light,
Yet, most valued,
In God's Sight.

SPECIAL NOTICE

The report on Erhard Gross's History class will appear in the fall issue of the Newsletter.

Gheri Fouts article "Drawing on the Right Side of the Brain" about Nancy
Carruthers' class will appear in the fall issue of the Newsletter.

Notice: When you attend an ENCORE class or event, you will be entering a place where photography, video and audio recordings may occur.

Mediterranean Peoples and Places By Rose Power



This next in the Mediterranean series by Art Limbird covered the timespan from 1000 BCE to 500 CE. As usual Art had done extensive research on his subject and illustrated each class with maps of the region and color photos, some taken during his travels, others from books.

Beginning with the Phoenicians from the East end of the Mediterranean, and following their voyages to the Atlantic coast of Spain, each class explored in detail the raiders and traders, the craftsmen and merchants who peopled this stretch of history.

Also explored were the Carthaginians from the north coast of Africa, including the legendary Hannibal and his elephants crossing the Alps into Italy; the Nuragic people of Sardinia, who left behind over 70,000 stone towers whose purpose is still unclear; the Etruscans of Italy, masters of metalwork and forerunners of the Romans; the early Greeks who established colonies along the northern section of the Mediterranean; and finally the Romans, who successively were ruled by an oligarchy, kings and emperors, as they spread to the north and west of the known world until their collapse before barbarian invaders in 476 CE.

It was a fascinating walk through history and every person in the well-attended class learned a great deal. Thanks Art, and also Kay who kept attendance and provided us with tasty weekly treats!

Everything Equine by Rose Power

This informative class on horses, given by Mary Kemhus, could have been titled "All Horses Great and Small." In the six weeks of classes, she walked us through the deep history of early mammals, when the ancestors of the horse ran successively on 5, then 3, and finally 1 toe, as they grew from dog size to the great animals we know today.

We learned the early uses of horses an antiquity as mounts and pullers of carts and chariots, and the varied breeds, from the great work horses (think Clydesdales in the Budweiser commercials) to the tiny Shetland ponies. In between, the dainty but incredibly tough Arabians, the Spanish mustangs, the Morgans and quarter-

horses favored by cowboys, the Thoroughbred race horses, the pit ponies who worked the mines, and many more.

In successive classes we learned about the range of colors in horses — bays and roans, duns and paints, appaloosas and greys — and how to tell one from another, which often wasn't easy.

In one class Mary brought in tack — saddles, bridles, halters and bits – and taught us their names and uses, English as well as Western.

We learned about horse shows and show riding, and all through the classes Mary showed us videos of horses of many breeds in action on farms and in arenas.

As a grand finale, we were invited to a horse show at the Clatsop Fairgrounds, to see show horses and their riders in action. Mary gave us a "Scavenger Hunt" sheet to test our knowledge, and as contestants trotted by, we tried to spot Arabs and Thoroughbreds, paints and greys and roans. And, believe it or not, tail wigs! Later Mary escorted us through the barns and we met owners of a BLM Mustang, Mary's own Palomino mare, and a Pinto Dun (watch out for that dorsal stripe!) Class attendees ranged from "I know a horse when I see one" to "I've been around horses all my life." Speaking as one who rode horses most of my young years - I learned a whole lot more than I expected to, and enjoyed it thoroughly. Thanks, Mary, for sharing so much time and experience with us.

Everything Equine



Lunch Bunch



March Lunch Bunch by Gerrie Penny

Spring was definitely in the air on Friday, March 1st, when 6 ENCORE members met for Lunch Bunch at Plaza Jalisco. We were treated grandly by staff and food servings were generous. Four take-home boxes were required since the ladies couldn't handle all their food at one sitting. We all ordered different items and everyone was very pleased with their choice. No wonder this place was voted the People's Choice for favorite Mexican restaurant. It came in all levels of 'spice endurance' with Frank's probably being the hottest. In attendance were: Kit Ketchum, Charlotte Thiringer, Frank Spence, Linda and Tom Schaeffer & Gerrie Penny. For those who couldn't make it, you missed a scrumptious time!

April Lunch Bunch by Gerrie Penny

On April 5, 13 folks met at the Pig and Pancake for lunch. Many noted they had never seen it so very busy. A waitress answered our quandary: spring break! Due to the overflow of customers we weren't all able to be seated together, but we still managed to have a great experience sharing time with one another. Food was good and portions generous. Members present were: Ellen Norris, Judith Schlecter, Rose Power, her guest and former member Gretchen Goodson, Jean & Norm Hooge, Aletha & Bob Westerberg, Bernie Thomas, Frank Spence, Stephanie Davis & Gerrie Penny. Two new members, Jacqueline and Martha, joined us for the first time. We hope to see them along with others in May when we again meet for another good time.





May Lunch Bunch by Gerrie Penny

Our "bunch" gathered on May 3rd at The Golden Star. Eight of us were present, including new members Rebecca and Dan Early as well as Stephanie Davis (another new member), Frank Spence, Marjorie Spence, Kit Ketcham, Tom Schaeffer and Gerrie Penny. Another member attempted to meet with us but went to The Golden Luck instead, an easy mistake since both restaurants are on Bond Street and have similar names.

Lots of conversation was exchanged and several take home boxes were required since the helpings at this restaurant are famously very generous. Everyone enjoyed the food and left filled not only with food but gladness of getting together with friends, new and not so new. Please try and join us again in August when we'll have our next Lunch Bunch. June's gathering will be at the annual meeting and July's at the annual picnic.

Science Forum Trip to the Warrenton HS Fish Hatchery by Art Limbird

The ENCORE Science Forum toured the Warrenton High School fish hatchery on April 10th. The trip was arranged by Tod Jones who is a member of the Forum and also the owner of Redd Zone. He has invented various devices and procedures to improve greatly the success of hatching salmon eggs. The group of us who went to the high school hatchery were shown the facility by 3 students who are in the fisheries program there. The practical experiences and responsibilities of raising the fingerling Coho, Chinook, and Steelhead will qualify these students to enter fish and wildlife programs at the college or university level. The senior year student who spoke to us is one of the managers of the hatchery. She plans to go to college with

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a career goal with the Oregon Department of Fish and Wildlife. Our visit to the hatchery was very informative; we learned a lot from the enthusiastic students.



The Chinese in Astoria by Eric C. Anderson

On March 24, I attended ENCORE's well-attended 'The Chinese in Astoria' program at the Performing Arts Center.

Organized by Erhard Gross (ENCORE teacher and former Professor at SDSU), other key speakers included Jennifer Fang (Portland Chinatown Museum) and McAndrew Burns (Clatsop County Historical Society). A Chinese-American community panel was led by local resident David Lum and included Dr. Law and his mom, Flora. The presentations focused on the difficulties of Chinese migrants to America in the 1849-1943 era, primarily during the time of the Chinese Exclusion Act. Indeed, some property deeds in early Astoria prohibited transfers to people "not of the Caucasian race."

However, much progress by Chinese-Americans in Astoria has been made since then. David Lum, for example, founded a thriving auto dealership, which now employs dozens of people.

The program provided a good introduction to the struggles of the Chinese people in early Astoria, and more broadly, in Oregon.







Heat-Seekers and Peacekeepers by Kay Limbird

It long has been our habit, even during Alberta winters, to have an open window in our bedroom at night ... if only an inch or so during the coldest months of the year. Here, in Oregon, compared to Alberta winter nights, February night air seems balmy. The cool or cold fresh air, the ocean sounds, the coyotes are all part of the nightly bedroom atmosphere both of us enjoy. A couple of weeks ago during one of our especially cold Oregon winter nights, there occurred a quiet drama in our bed.

After hours of uninterrupted sleep and memories of warm snuggles, I awoke to the gentle voice of my husband, Art ... "How many inches do you have on 'your side' of the bed?" Groggy with sleep and without opening my eyes, I put my hand out in front of me and answered ... "about three." The problem, I recognized immediately, was that those three inches were what was left between me and the bed's edge on HIS side of the mattress. His voice was coming from behind me ... on 'my side' of the bed. During the night, inch by inch, seeking warmth, I obviously had usurped all his rightful territory. Rather than wake me or hold his ground, he eventually had moved out and relocated himself to undisputed regions. This extra-cold-night mattress territorial relocation drama was among only a few during our fifty-three years of marriage ... but I began to have some new thoughts about the possible explanation of the phenomenon. Here is my theory:

Obviously, over the millions of years of time, in an unbroken chain of successful existence, my ancestors were heat-seekers, opportunists, and possibly migratory. Art's ancestors, in perfect harmony with mine, succeeded as heat-providers, peacekeepers and problem-solvers. Naturally, and as is true with everyone alive now, both Art's and my unbroken ancestral chains would have contained scatterings of some unscrupulous personalities. Among the explorers, the leaders, the healers and the generous were also, undoubtedly, the schemers, the selfish and the fireside bullies. Imagine traveling back in time ... along that farthest-reaching chain of existence ... to ancient life on Earth when an ancestor of mine survived to maturity because he/she obtained food, kept warm, and somehow learned life-preserving skills.

Here is where I believe my heat-seeking instincts come into play ... my ancestor nuzzled intensely to the heat-provider ... Art's ancestor did not throw my ancestor out of the nest, but instead sought peaceful, intelligent solutions ... perhaps by sharing a few inches or accepting the nuzzles without conflict. And so the life chain continued back in time through fur and scales to ocean dwelling simple organisms when one of my long-ago life forms landed happily near a warm ocean vent ... and one of Art's allowed it space. I rest my case.

From the Editor: Thank you so much for all the wonderful contributions. Keep it up! Let us continue to show what great writers we have and how much we appreciate our outstanding instructors. Jean Hooge

ENCORE/CLATSOP COMMUNITY COLLEGE

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ENCORE'S Class Act is published quarterly by ENCORE, "Exploring New Concepts Of Retirement Education

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Next "Class Act" deadline is Wednesday August 8, 2019