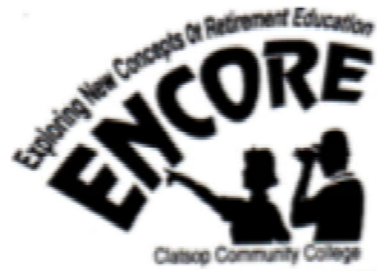


ENCORE'S CLASS ACT

Vol. 12 No. 1

March, April & May 2013



THE PRESIDENT GETS THE FIRST WORD.....

To All Members:

Mark Friday, May 31, 2013 on your calendar. That is the date of the Annual Membership meeting. As most of you know, at the meeting we will be recognizing those members who have participated in the management of our organization, as well as applauding the teachers/instructors who have furthered our education during the past year. Without those individuals ENCORE would not exist.

We will also be electing new officers for the coming year. The nominating committee will be presenting a slate of nominees at the meeting. We welcome, as well as urge, that nominations also be made from the floor. So give some serious thought as to whom you may wish to lead ENCORE in the coming year.

The importance of membership participation I cannot emphasize enough. It is your organization. Share your ideas and thoughts with any of the Board members. Remember, the Board of Directors meetings are open to all members; and at that time, you may contribute to the discussions at hand.

I look forward to seeing all of you at the Annual Meeting.

Melissa Yowell, President

ENCORE

QuickTime™ and a decompressor are needed to see this picture.

St. Patrick's Social

Saturday, March 16th

2:00 to 4:30 p.m.

at

McMenamins Sandtrap

in Gearhart

Call or Email Geri Fick by March 8th

to confirm your reservation

and your menu choice

503-325-2137 or fick@pacifier.com

Bring a Guest! Win a Prize!

MENU

*Corned Beef, Cabbage, and Potatoes

or

*Vegetarian Option

[by request in advance]

Coffee or Tea included
Other Beverages - Cash Bar

COST \$10: PAY AT THE DOOR

REMEMBER:

Let Geri Fick know you are coming!!

AQUANASTICS BEGINS AGAIN

The Spring Aquanastics class will again be held at KOA Hammond, OR. 1100 Ridge Road, across from the Fort Stevens State Park entrance. For directions call 503 861-2606 or 800 562-8506. The class meets

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twice a week on Tuesday and Thursday, only from 10 to 11 A.M. This session of 6 classes begins April 9 and ends April 25. The class is limited to 12 students and you must be a paid up member of ENCORE to participate. (If you haven't joined yet it is \$25.00 to be a member between now and September 1st, 2013, when the new membership year begins.

Everyone gets a total body workout to music. You do not have to be a swimmer to participate. The pool is heated and has a terrific hot tub to relax in after class. There

are restrooms and showers available. Pool use is free to ENCORE members. **Please check in at the front office first for auto tags.** Participants need to provide their own towels, soap, shampoo etc.

Classes are taught by Kathleen Hudson, a certified Arthritic Water Exercise instructor, American Red Cross lifeguard and water safety instructor with years of teaching experience. Each class is meant to be fun and a body challenge no matter what your age or athletic ability. There are no tests. Everyone gets a passing grade.

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are needed to see this picture.

YOUR LEADERSHIP AND SERVICE ARE NEEDED!

Please let Ardie Coleman (ardo53b@aol.com) or (503-325-2617) know if you would be willing to serve on the nominating committee to nominate members for the ENCORE Board positions of President, Vice President, Secretary or Treasurer for the 2013/2014 year.

Also, please advise if you would be willing to serve as one of the mentioned officers.

Please reply to Ardie no later than March 11, 2013.

ENCORE BOARD & COMMITTEE MEMBERS

President Pro Tem	Melissa Yowell ENCORE BOARD meets 4 th Monday at 1 PM Astoria Senior Center	503-325-1892 mayowell@charter.net
Vice President	Vacant	
Secretary	Ardie Coleman	503-325-2617 ardo53b@aol.com
Treasurer	Michael McGonigle	503-325-7725 dmmnurse@yahoo.com
Past Director	Marjie Spence	503-325-4233 marjspence@msn.com
Curriculum Committee Chair	Reta Lindstrom Judith Schlecter Meets 2 nd Mondays at Astoria Senior Center	360-777-8750 judith.schlecter@gmail.com 510-220-4070
Trip Committee	Bob Westerberg Meets 1 st Mondays at Astoria Senior Center 1 PM as needed	503-325-4315 westysr@charter.net
Membership/Promotion	Rollie Lindstrom Meets 3 rd Mondays at Astoria Senior Center 1 PM	360-777-8750
College Liaison/Member Info	Mary Kemhus-Fryling CCC Lifelong Learning LaRee Johnson	503-338-2408 mfryling@clatsopcc.edu 503-338-2566 ljohnson@clatsopcc.edu
Other Positions		
Web Master	Meg Weaver	503-338-4300 oregonmeg@woodenhorsepub.com
Sunshine Person	Elfi Gross	503-325-1944 elf.gross1@gmail.com
Historian	Geri Fick	503-325-2137 fick@pacifier.com
Lunch Bunch Coordinator	Aletha Westerberg Reta Leithner	503-325-4315 cell: 503-470-2616 westysr@gmail.com 503-717-2297 rmleithner@gmail.com
Newsletter Editor	Aletha Westerberg	See above

Viewing the San Andreas Fault

Erhard Gross

In recent years, the specter of a devastating earthquake along the Cascadia subduction zone seems to have become our constant companion. However, by no means is our area the only geological danger zone. California's San Andreas Fault (SAF) is equally notorious. Moreover, its spasms are of far more recent occurrence than the last quake produced by Cascadia nearly 500 years ago.

Elfi and I recently had the opportunity to view the southernmost parts of the San Andreas. We traveled the fault for about 100 miles from an area referred to as Whitewater Preserve southeast to the Salton Sea. For the last few miles the road to the Whitewater parallels the SAF just a few feet west of the actual fault line. The color and makeup of the rocks and rubble are clearly different on its two sides. Riding in a bus, one can hardly shake the idea of (cont'd on page 4)

(cont'd from page 3) how far down the vehicle would tumble if the ground were suddenly to open up in a major earthquake. We were lucky to see ten desert bighorn sheep no more than 100 feet away but on the other side of the crease and they seemed unconcerned. The verdant Whitewater Preserve is privately owned and makes good use of plentiful water that wells forth from the fault. They use it for a series of trout ponds.

The area I'm describing is the northwestern extension of the Sonoran Desert. The average day-time temperatures eight months of the year in the Coachella Valley are well over 100 degrees Fahrenheit. The surface here is barren, except for an intermittent strip of green that identifies the SAF. This green is particularly evident close to the city of Thousand Palms (near where Bob and Aletha Westerberg make their winter home). After leaving The Westerberg's lunch table, we went to one of the old oases-- Coachella Valley Preserve. The palms and other trees here are wild, i. e., were not planted and irrigated by man. The oasis is fed by water that rises through the San Andreas Fault and actually runs on the surface. There is even a good-size pond here. Since the fronds are not clipped, they form a kind of skirt that reaches from the live fronds to the ground. This creates beautiful habitat for birds, rodents, and other small mammals as well as insects. We did not see many animals: one lizard, one coot, one mallard,

several small song birds. Most local mammals are nocturnal.

From the Preserve we drove to the eastern end of the SAF, where its end is covered by the Salton Sea. This body of water is California's biggest lake, roughly 35 miles by 15 miles in size and has no outflow. Even more interesting are the facts that the surface of the lake is 226 feet below sea level and the lake was created by accident in 1905. California's attempt to divert irrigation waters from the Colorado River in 1903 set the stage. Heavy snowmelt and rain caused the newly dug canals to be overpowered and the lake was formed. Since then, evaporation has increased its salinity to the point that in a few more years the only fish to be found there are the salt-tolerant tilapia.

So much for the surface. What are the hydrological implications? Salt water seeps down the fault line. Fortunately, impervious rock isolates the Coachella Aquifer. Without its sustaining fresh water, the valley from Indio to Palm Springs would not have palms, citrus trees, and year-round vegetable production. For, if all things green are not irrigated there year-round, they will turn brown, as brown as the entire San Andreas Fault where its waters don't reach the surface of the earth, and as naked as the 6000 wind turbines at the west end of the Coachella Valley.

ENCORE LUNCHESES

December 4, 2012 and January 8, 2013

By Tisha Tarver

Fultano's Pizza was the place, and the theme of the **December 4 luncheon** was Christmas ornaments. As researched by Aletha Westerberg, according to the historical records in the History of Christmas Tree Ornaments, the custom of decorating Christmas trees emerged in the early 16th century in Germany. Martin Luther decorated the first Christmas tree with candles to entertain the children. During this time Christmas trees were embellished with wafers, candies, fruits, paper flowers, hard cookies baked in various shapes and tinsels made from tin and silver.

Christmas trees along with the fanciful ornaments entered England in 1840 through the hands of Queen Victoria and her German-born husband, Prince Albert. Glass ornaments, decorative beads, paper baskets with sugared almonds and hot air balloons were used for decoration. (cont'd to page 5)

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Christmas tree ornaments reached America around 1880. In 1973 the American Hallmark Company first launched the Keepsake Christmas Ornaments that revolutionized the decorations. Once a collection of decorated glass balls and yarn figures, keepsake ornaments are now found in a wide variety of wood, acrylic, bone china, porcelain and hand-made forms.

Several ENCORE members had brought special ornaments or ornamentation with them. Lynne Ryan brought white crocheted ornaments made by her grandmother. Bob and Aletha Westerberg brought metal, hand-made ornaments, Helen Pitkanen brought a Finnish flag, and Mary Ann Ylipelto brought two hats, the most popular of which was a cap topped with a bell that moved back and forth and played a Christmas song. She won first prize.

Others in attendance were Kit Ketcham, John Agnew, Melanie Lessard, John Ryan, Tisha Tarver, Rodger and Madeline Gobel, Judith Schlecter, Reta Leithner, Jennie Ulbricht, Hazel Sealy, Phyllis Amsberry, and Sue Zerangue, 18 in all.

Eleven members attended the **January 8 luncheon at Dundee's** in Seaside: Kit Ketcham, Hazel Sealy, Tisha Tarver, Phyllis and Roger Williams, John Agnew, Lynn Ryan, Bob and Aletha Westerberg, Helen Pitkanen, and a new member, Frances Kaspar. The luncheon was held on the 8th, the second Tuesday, because this year the first Tuesday was New Year's Day. January, 2013, will also be when President Obama and Vice-President Biden will be sworn in for a second term in Washington, D.C.

According to the Constitution, the President and Vice-President must be sworn in on January 20, which this year fell on a Sunday. Inauguration ceremonies were to be held January 21, also Martin Luther King's birthday.

In 2008 President Barack Obama attended St. John's Episcopal Church, the same church as Franklin D. Roosevelt attended in 1933. However, in 2013 he plans to attend a service at the National Cathedral and will be sworn into office at a private service. The Vice President takes his oath of office before the president. Part of the reason for having the vice president sworn in first is that it protects the line of succession to the presidency (according to *Presidential Inauguration Facts* by Martin Kelly, About.com Guide, as looked up by Aletha Westerberg).

February 5th Lunch Bunch

Carol Sigurdson

A group of fourteen ENCORE "Lunch Bunchers" met Tuesday, February 5th, 2013, at 12:30 PM for great food and good service at the Rogue Ales Public House on Pier 39, Astoria.

Because there are two holidays observed in February, members wondered whether the quiz given for the door prizes would emphasize St Valentine's Day or the U S Presidents honored in February. The quiz, given by Carol Sigurdson, was a general knowledge test about some of our presidents and was "aced" by two members: Dave Humphreys and Lynne Ryan. Second place was also a tie between Chris Bryant and John Agnew. The prizes, supplied by Reta Leithner, were lovely boxes of Valentine chocolates.

Those attending were Dave & Maureen Humphreys, Eric and Mickey Anderson, Kit Ketcham, Ardie Coleman, John Ryan, John Agnew, Frances Kaspar, Tisha Tarver, Chris Bryant, Nellie Hutchison, Lynne Ryan and Carol Sigurdson.

FUTURE LUNCH BUNCH DATES & LOCATIONS

	March 5	Dooger's, Warrenton
	April 2	Great Wall, Gearhart
	May 7	Kilroy's, Camp Rilea
Questions:	June 4	Riley's, Seaside
Reta Leithner, 503-717-2297		1104 S Holladay
Aletha Westerberg 503-470-2616	July 2	Wheelhouse Café, 14 th & Marine Dr, Astoria on the Astoria Trolley Line.
ALL LOCATIONS SUBJECT TO CHANGE		Lots of parking across from KFC
But we'll try not to change them!	Suggestion:	CATCH TROLLEY AT ASTORIA
		RIVERWALK INN, 400 Industry St, Astoria
		AT NOON SHARP \$1.00 fare

ENCORE OREGON GARDEN FIELD TRIP

As part of ENCORE's course offerings during Spring Term 2013, Erhard Gross will be leading a field trip to the Oregon Garden (near Silverton). The subject of the course will be

Forest Trees of Oregon

The trip will take place on **Wednesday, May 29, 2013**, departing at **7:00 AM** from the parking lot near the coffee stand in front of the River Walk Motel (formerly Red Lion) and returning the same evening. Seating on the Senior Center bus is limited to 13 persons.

In preparation for the field trip, there will be a two-hour class presentation on the subject at 1:30 PM, May 24 at the Senior Center. The Garden also presents beautiful flower and ornamental shrub gardens. Admission to the Garden is \$9 for seniors.

Cost per person for transportation is estimated to come to \$15. To reserve a seat on the bus, please send your check for \$15.00, payable to the Astoria Senior Center, to Erhard Gross at 91775 Lewis and Clark Rd., Astoria, OR 97103.

Those participants beyond those filling the bus will go by privately owned automobile. Riders pay the owner/driver of the car their share of the fuel expenses on the day of the trip.

To sign up, call Erhard or Elfi Gross at 503 325-1944



ENCORE POSTER CONTEST

Our Membership Committee's ENCORE poster contest did not turn out like we hoped. We were disappointed. But, when I checked my e-mail address in the 2012 directory, I noticed it was incorrect. If anybody sent me a poster for the contest, please resend it before the 16th of March.

My correct email is: elf.gross1@gmail.com Thank you,
Elfi

Class Title	Instructor/Coordinator	Day & Time	Location	Begin Date & #of Sessions
Folk Dancing	Drew Herzig Charlie Schweigert	Mondays 10 AM to Noon	Astoria Senior Center	8 Sessions Apr 8-May 27
Intermediate and Duplicate Bridge	Anne Marie Gramson & Sandra Baker/Michael McGonigle	Tuesdays 9:30 AM- 12:30 PM	Port of Astoria Mooring Basin	8 Sessions Apr 9 - May 28
Aquanastics	Kathleen Hudson	Tuesdays 10 AM - 11 AM Thursdays 10 AM - 11 AM	KOA Pool 1100 Ridge Rd Hammond OR	6 Sessions Apr 9, 16 & 23 AND Apr 11, 18, 25
Current Events	Sue Zerangue	Tuesdays 1:30 -3:30 PM	??	??
Science Exchange	Meg Weaver/ Sue Zerangue	Wednesdays 10 AM - Noon	Astoria Senior Center	8 Sessions Apr 10 - May 29
Ancient History of The Four Great Civilizations	Rodger Gobel/ Madeline Gobel	Wednesdays 1:30 - 3:30PM	Astoria Senior Center	4-6 Sessions Apr 10, 17, 24, May 1
The Fertile Crescent	(Same as above)	Extension of last Fall's class	Astoria Senior Center	
Beginning Bridge	Anne Marie Gramson & Sandra Baker/Michael McGonigle	Thursdays 9:30 AM- 12:30 PM	Port of Astoria Mooring Basin	8 Sessions Apr 11 - May 30
Shakespeare in the Summer	Donna Wright/Sue Zerangue	Thursdays 10 AM - Noon	Seaside Library(?)	4 Sessions May 2 - 23
All About Ivory	Erhard Gross/	Thursdays 1:30-3:30 PM	??	4 Sessions Apr 11,18,25, May 2
Poetry Class	Donna Wright/	Thursdays 1:30-3:30 PM	Seaside Library	3 Sessions May 9, 16, 23
Book Discussion Group	Roger Williams	Fridays 10AM-Noon	Astoria Sunset Empire Transit Center Boardroom	8 Sessions Apr 12-26, May 3-31
Oregon Gardens Pre-Trip Botany Lecture	Erhard Gross/	Friday 1:30 PM	??	1 Session May 24 plus trip May 29
Three Native American Women of the 19 th Century	Gloria Linkey/Sue Zerangue	Friday 1:30-3:30 PM	??	1 Session April 19

**CLATSOP COMMUNITY
COLLEGE/ENCORE**

“Exploring New Concepts of Retirement Education”
1651 Lexington Avenue
Astoria OR 97103

Sneak Preview of Spring Classes

If you enjoy living and learning; if you enjoy life,
No matter if you're good at it or bad;
There are lots and lots of benefits to be had
If you just join ENCORE!

Class Act is published quarterly by ENCORE, "Exploring New Concepts Of Retirement Education."

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NEXT "*CLASS ACT*" NEWS DEADLINE IS MAY 20, 2013
