



CLASS ACT

Vol. 10 no. 3

www.encorelearn.org

March 2011

Special Dates

Lunch Bunch

March 1

April 5

May 3

Next Social

March 18, 1-3:30 at
McMenamins in
Gearhart

Class Act is published quarterly by ENCORE, "Exploring New Concepts of Retirement Education."

Encore is sponsored by

Clatsop
Community
College
Pat Hainline,
Editor
503-861-9429
Kitty Paino,
Production
503-325-0342
Paula Duncan,
CCC Liaison
503-338-2408



First Annual ENCORE Holiday Bash

The First Annual Holiday Bash took place on December 18, 2010 at the Bridgewater Bistro in Astoria. ENCORE members and their guests were treated to a light buffet and good companionship. Special guests included Clatsop Community College President Larry Galizio, Vice-President of College Services Lindi Overton, and Santa Claus. Entertainment included a pianist and holiday carols sung by Rollie Lindstrom, Erhardt Gross, Elfi Gross, and Santa.



Rollie Lindstrom and Santa Claus

The Bash is part of the Membership Committee's efforts to provide a festive social event for members. Feedback on the event is welcome. Contact Membership Chair Rollie Lindstrom at 360-777-8750.

Photos by Kay Limberg, Aletha Westerberg & Kitty Paino



Nancy Lee and Alan Batchelder



Erhard & Elfi Gross, Rollie Lindstrom and Santa Claus Sing



We're never too old to ask.....



Hugh & Patsy Kerwin



Art Limberg & Jean Wingate Working



Aletha Westerberg & Gary Webb

Director's Chair

**Welcome, New Members --
Join a committee and increase your ENCORE enjoyment**

By
Bernie Thomas
My dear EN-
CORE friends,
winter is almost
behind us and
spring is around
the corner.

I would like to
welcome new
members to our
group and hope
they are jump-
ing right in to
the classes and
special events. Any of our board members
or committee members are always avail-
able to share ideas and suggestions that
you may have. Also to answer any ques-
tions. That is the wonderful thing about
this organization. It is whatever we make
it. Join in! Come to a committee meeting
and see what makes ENCORE so success-
ful. It is the people.

Our annual retreat was held January 10
at the McMenamin Sandtrap in Gearhart.
The executive board and current commit-
tees came together for an all-day work-
shop. We brainstormed, discussed goals,
gave pats on the back to each other and
celebrated the accomplishments of EN-
CORE.

We acknowledged the support from
Clatsop Community College and thank
our liaison, Paula Duncan and her side-
kick, LaRee Johnson.

Dorothy Scott and Anne Phillips were
presented with the first "lifetime member-
ship awards." They were there at the be-
ginning and have worked for our cause
throughout the years. Thank you both.

Pat Hainline has offered to edit our
newsletter. She and Kitty Paino will keep
our "Class Act" a premium newsletter.
We are so grateful to you.

Our Lunch Bunch continues monthly. E-
mail messages are sent out as to where
and when the next will be held. It is also
announced on our website and in the area
newspapers. Lots of fun! Be sure to plan
on the first Tuesday of each month. Great
opportunity to introduce a friend to EN-
CORE. Rollie Lindstrom has the member-
ship group on their toes, and they are



CCC. Larry Galizio and Bernie Thomas
at the Holiday Bash

doing a bang-up job. The
Holiday Bash that the EN-
CORE committee planned
was so much fun and
genuinely enjoyed by
those who attended.

The classes are well at-
tended. The curriculum
committee that plans the
classes has done an excel-
lent job under the leader-
ship of Drew Herzig. Your
evaluations say the classes
are appreciated. That is
what it is all about, folks.

Having fun and learning!

As Director this year, I wish to
thank all of the ladies and gentlemen
who spend their time and energy to
make ENCORE such a great experi-
ence. Please thank your committee
members next time you see them.

**Intermission
Lunch Bunch**

By *Aletha Westerberg*

I hope everyone enjoyed the Janu-
ary and February Lunch Bunches,
coordinated by Madeline Gobel and
Nancy Anderson, respectively. My
thanks to them for filling in during my
absence.

The March Lunch Bunch was held
March 1 at Tide Point Restaurant in
Astoria. We'll tell you about that in
the June newsletter. Marlene
Colendich was the coordinator.

The Lunch Bunch is an excellent
way to get to know other ENCORE
members better, or to introduce an
interested friend to our group. Your
only responsibility is to show up and
enjoy seeing friends from classes and
other ENCORE events. Why don't
you try it? You might like it!

January Lunch

January Draws a Crowd

By *Madeline Gobel*

We had a great time at Dooger's in
Warrenton for our January lunch.
Aletha Westerberg, our coordinator,

was away on vacation so I was
pinch-hitting for the day. Little did I
think we would have 25 people!
They had to add tables. Perhaps it's
because Dooger's has a half-price
menu on Tuesday, but I rather think
it is due far more to our incredible
friendships and hospitality.

Sue Zerangue presented the prize
for our Trivia Quiz Show. Nancy
Anderson was the winner, as no one
else could possibly know that much
about Lewis and Clark's slave and
dog. She didn't have to think twice
about the answer. It was like she
was there.

We took pictures, and all-in-all it
was a wonderful time.

**February Lunch
Chinese New Year**

By *Nancy Anderson*

Eight faithful ENCORE souls and
one guest showed up to celebrate
the Chinese New Year at the Great
Wall restaurant in Gearhart. What
an appropriate start for the Chinese
Year of the Golden Rabbit! We en-
joyed a display of some interesting
Chinese artifacts belonging to
Nancy Anderson and Darlene Shep-
herd. Plus, of course, a golden rab-
bit to set the stage. Rose Eichhorn
was actually born in one of the
Years of the Rabbit! Darlene – our
new Historian – also brought the
lovely scrapbooks that chronicle
the entire spectrum of ENCORE.
Our guest was Janet Winer, who
heard about the lunch on the radio.
She showed great interest in joining.
Media promotion pays off!



February Lunch Bunch

Dorothy Scott, Anne Splane Phillips named Life Members at ENCORE'S January planning meeting

Dorothy Scott and Anne Splane Phillips were awarded Life Membership in ENCORE at the January 10 planning meeting. Director Bernie Thomas praised their service and dedication to the organization over 10 years. Dorothy was ENCORE's first director, and Anne was the first curriculum chair.

About 30 officers, committee members and members met at McMenamins' Sand Trap in Gearhart to plan and set goals for 2011. Director Bernie Thomas opened the meeting, welcomed participants and awarded the life memberships. Then groups of about six met separately and discussed classes, socials and trips. Questions to be answered about each topic were which were the best, which not so good and what would people like in the future.



Dorothy Scott & Anne Splane Phillips



Helen McDaniel Presents
Committee Job Descriptions

Later the individual groups reported their findings. Popular classes include literature, especially the Shakespeare class and trip; science; and music. One group mentioned the good mix of classes offered, but they wanted more writing classes.

Other items of discussion were communicating through committee minutes; encouraging members to serve on committees; committees' annual budgets; and the newsletter and website. Sandwiches and salad were served midway through the meeting.

New Members in Winter Term

Four new members have joined ENCORE since December. Please add the names below to your copy of the Directory

Geri Fick, 3465 Grand, Astoria 97103. Phone 503-325-2137, e-mail fick@pacifier.com.

Mary Ann Mattila, 90847 Hwy 101, Warrenton 97103. Phone 503-861-1511, e-mail mmatilla@hotmail.com.

Dagmar and Manfred Beil, PO Box 898, Warrenton 97103. Phone 503-861-6040, e-mail popo6040@gmail.com.

Our Own Mrs. Sunshine

Elfi Gross is ENCORE's Sunshine Person. Elfi will send cards from ENCORE to members who have been ill, had accidents, or deserve congratulations. Call her at 503-325-1944 or e-mail her at www.elfi@live.com if you know of a member who could use a little "sunshine."

Sue Zerangue Resigns

Sue Zerangue has resigned as Curriculum Committee chair. Drew Herzig has volunteered to serve as the temporary chair. If you are curious about how ENCORE classes are planned, or would like to be part of the selection committee, contact Drew Herzig. Any member is qualified and welcome to join the committee.

Historian Changes

Darlene Shepherd is ENCORE's new historian. She replaces Carol Sigurdson, who has served as historian for four years. Others who have served include Nan Gholson, Bonnie Crossman and Carol Welch. We need to complete this list, so if you know of a past historian who has not been listed, please contact anyone on the Membership/Promotion committee. The historian chronicles ENCORE events by collecting newspaper accounts, photos and other publicity the organization receives and organizing them into scrapbooks. These beautiful scrapbooks are usually displayed at ENCORE events.



Carol Sigurdson & Darlene Shepherd

Website Hits Big

Have You Checked Out ENCORE's Website ?ENCORE now has its own website. Here's how you get there: Enter www.encorelearn.org.

The site includes information about ENCORE, lists current ENCORE classes, committees, news, and upcoming events. The Website has had 11,908 duplicated Visitors and 54,767 Hits in the last 12 months (A Hit is how pages the visitor's viewed on the site)

Reviews

Biographies Class

By Carol Sigurdson

Who is Ayn Rand? That question was discussed by the ENCORE Biographies Class on Thursday morning, January 27 at the Seaside library. Helen McDaniel, who is coordinator for the class, presented an interesting re-cap of the life of Ayn Rand, beginning with her birth in Russia, and early life there and continuing through her life experiences in the United States, mostly spent in Hollywood and her beloved New York City. Copies of her book, "The Fountainhead," "Atlas Shrugged" and other materials were available for browsing and discussion during the two-hour class.

On February 3, Donna Wright presented an overview of the life of Margaret Sanger, the nurse who was a pioneer in promoting birth control education. After the details of Sanger's life were given, Donna had the class read aloud some of the letters Sanger received during her lifetime. Most were from women pleading for information to help them with gynecological problems, including too many pregnancies and miscarriages. Much discussion was generated by the reading of these letters.

On February 10, John Markham presented information on the life and times of Charles Darwin. The class learned that Darwin had a happy and fairly uneventful childhood followed by training in both medicine and the ministry. Then, however, a remarkable turn of events sent Darwin, at age 22, on the *HMS Beagle* for a five-year voyage of exploration. This voyage made him a scientist, and the rest of the story is science history!

The Biographies class will continue with Bernie Thomas presenting Queen Victoria on February 17, followed by Carol Sigurdson's presentation of Van Gogh's life on February 24. The next classes will feature Sue Zerangue with Cleopatra on March 3, followed by Maureen Sundstrom, February 10, with Sacajawea, and Jean Wingate's discussion of Eleanor Roosevelt's life on March 17.

Reading Aloud

By Trudy Enke

The small but enthusiastic group who attend the Reading Aloud class have the opportunity to select and share from all genres of the written word, including their own creations. There is no pressure, full acceptance, and a delightful bit of new learning coupled with a lot of laughter. This class has been offered at the Seaside Library in the afternoon and I am hopeful that the curriculum committee will consider offering it again spring quarter. I enjoy it as much as dark chocolate, and it's calorie free!

Curriculum Committee

By Drew Herzig, Chairman

Greetings from the few, the brave – the Curriculum Committee! Our ongoing mission is to find out what classes ENCORE members are interested in, find teachers for those classes, and then find facilities. Three terms a year. Makes D-Day look like a cake-walk!

Actually, it's fascinating, pulling the various pieces together. You discover all sorts of hidden talents in the ENCORE membership.

Right now we are hard at work, scheduling more exciting classes for the spring term. Seth Tichenor will be teaching another philosophy class; Rick Soller and Charles Blight will lead another free-wheeling science exchange; Jean Wingate pulls out all the stops, and the maps, for her geography class – and much, much more. Stay tuned. We'll have times and locations for you soon. Meanwhile, we'd love to have you join us at any Curriculum Committee meeting. We always meet the second Monday of the month. The next meeting is Monday, March 14, 1 p.m. at the Josie Peper Center, 16th and Franklin, in Astoria.

Our April meeting is April 11. We welcome new talents, new perspectives -new workers! You might have an idea for a class you'd like to teach, a suggestion for a potential teacher. Would you like to be a class coordinator? There's room for everyone!

If you have a question, comment or suggestion, please contact me, Drew Herzig, at drewherzig@yahoo.com. See you in class!

Trip Committee

By Bob Westerberg, Chairman

We are still awaiting detailed information from the college officials about the planned joint Clatsop Community College/ ENCORE trip to *Ashland Shakespearean plays scheduled for Tuesday through Thursday, April 26-28*. As soon as we get the details we will get the word out to everyone. Preliminary information received indicates that the cost will likely be higher than last year.

Scholarships Available

In order to include all interested participants in ENCORE activities, the Board reminds members that financial help for ENCORE membership and class materials is available. Any interested person is encouraged to call Director Bernie Thomas at 503-861-2695. This is always confidential.

Membership & Promotion Committee

By *Rollie Lindstrom*, *Chairman*

The ENCORE Membership Committee has been meeting regularly, starting the social season with a successful "Holiday Bash". Planning is underway for additional events. Watch your mailbox for news of the March event.

ENCORE membership continues to grow. As of February 14, 2011, there were 130 paid members.

Lunch Bunch meets monthly under the competent leadership of Aletha Westerberg.

A reminder – Elfie Gross needs to receive information on a timely basis to allow her to discharge her duties as Sunshine Person. Members should notify Elfie if a card, letter, or other form of contact from ENCORE is desired for a birthday, anniversary, illness, death in the family or any other reason.

Darlene Shepherd, a new member, has volunteered to assume the position as ENCORE Historian. Members are encouraged to submit photos and news items to the Historian.

class, a trip to some really interesting spot, or a fun theme for an upcoming social event! Your input is important to all our members, to ensure the on-going success of ENCORE. Remember, you can make a difference!

On The Road Again

The story of two snowbirds

By *Aletha Westerberg*

Bob and I didn't set out to become snowbirds but we are really "hooked" now! When we first retired in May 2001 (Bob from Rite-Aid Pharmacy and I from Willamette Industries) we took off in our 21-foot Roadtrek Class B motor home for a trip across the northern United States, up into Canada, around the Great Lakes and back into the U.S. Then to Niagara Falls on the Canadian side and back into the U.S., visiting family and friends along the way.

Next we dropped down the eastern seaboard and headed west again – we were "state bagging." Bob had five states to set foot in and I had three states left, until we would have been in all 50 states. We got all but Alaska on this jaunt, and finally got Alaska by cruise ship in September 2009. We stopped in California at Desert Hot Springs, partly because for a number of years Bob had mailed prescriptions to a couple who went there for a few months each year. Their address was "Bubbling Wells Road" and he wanted to see the community that had such an intriguing address. Also, we "chase" hot springs and natural hot water sources.

We stayed one night in an RV park there, and next morning headed to the pool before we checked out. There were eight or ten people in the pool doing water aerobics to a tape of "Wet and Wonderful" with Billie Joel. They invited us to join them and this became the beginning of our "snowbird" life!

Lots of friendly gray-haired people – Americans and Canadians.

The next year we spent a month there and met even more of the wonderful people who inhabit the park. The third year we spent two months, but I had to fly home for our grandson's sixth birthday! The next year I made it the whole two months and have done so each year since. We have many wonderful friends here, although they are now scattered through half-a-dozen different parks. In 2009 we decided to try renting a park model with a little more room than our RV, and I think we'd have a hard time spending two months in the RV now.

There are many activities in the park – Arizona golf, beanbag baseball, washer toss, darts and shuffleboard weekly or every other week, and card games or board games every night. And a group of dedicated golfers.

There is the kazoo band, a chorus and an a capella group, a craft group and a quilting group, as well as a Scripture in the Park group. A small group gets together for a music jam each week (a keyboard player, an omnichord player, a harmonica player, a drummer, a couple of singers and me with my ukulele.) I started learning the uke when we first joined ENCORE! The main weekly event is the Tuesday Morning Coffee Hour. So many goodies. Bob says it looks more like a wedding reception than just a coffee hour! They recognize the winners of all the week's events and remind us of the next week's happenings.

This area is very rich in wonderful entertainment, too. The Palm Springs International Film Festival is usually in progress when we arrive. There are several venues for live theater in nearby cities and there are interesting tours to take. We have been trying to get on a windmill tour (never a shortage of things to do). As you can see, it may be hard to find time to just relax, but as confirmed snowbirds, we manage that too!



Bob & Aletha Westerberg

Under the Umbrella

By *Paula Duncan*

*Community Education Coordinator
Clatsop Community College*

These gray, sprinkly, cold, blustery days in late winter and early spring are the best reasons to get out of hibernation and join the classes and socialization enjoyed by the members of ENCORE! There are lots of new and interesting classes coming for spring term, so be sure to sign up for the ones that are of particular interest to you.

If you are not presently a member of any of the various committees, please consider serving.

The committees always need help and new ideas, and your ideas may be just the perfect suggestion for a new

On The Road Again

Madeline attends Palm Springs film festival

By Madeline Gobel

This was my first experience at a major film festival and it was so much more than I anticipated.



Last December I flew into Las Vegas and met my friends so I could tag along with them on the ride to Palm Springs. We were headed for the Palm Springs International Film Festival. We caravanned with three cars, stopping at

every outdoor outlet mall along the way, definitely not my thing to do but the gals loved it. We arrived on a cool/cold windy day and it didn't change much for the week we were there. I did not dress warm enough.

On December 27, the box office opened for reservations. This is a lesson in futility for a first-timer. Rodger had ordered a "six-pack" for me, which consists of six movies, not necessarily the choices I would have made. One could order three movies a day for a 21-pack. Those who pay from \$100 to \$2,000 are Preferred Donors and they get first choice. Perhaps I should tell just how one chooses the movies to see. Once you order the package, they send you a 50-page Entertainment Movie Guide. Three of us gals took hours deciphering what looked to be the most interesting. No easy task.

There are only so many seats in a theater. So one has to stand in line for about an hour before each movie. About 20 minutes before the show starts they take in about 50 people at a time, until all the seats are filled. If one gets to the line too late, well . . . you know the rest.

The first movie was "The Womb." It was my favorite of the six I saw. I do believe that ENCORE could do a class

on this movie alone. I was so taken with this story, and so completely involved in every nuance, that it became more than a movie to me. There was hardly any dialogue, and that's when you realize the professionalism of talented directors. A look, or a sigh, said more than any word could have conveyed. Then the movie ended and I had to pull myself together to find out what others thought. Could I have been the only one so affected by this film?

So where does one go to get the "Siskel & Ebert" of our day? Of course, I headed straight to the ladies' room. You can only imagine the line to get in, but that was all right, because it gave me the opportunity to hear everyone's opinions, and ladies waiting to get into such places have opinions on everything.

There must have been 20 different interpretations of what we just saw. It didn't confuse me, but it did show me what critics go through in critiquing movies, which is quite apropos for this time of the year, what with the Academy Awards, etc.

Why do they have these festivals? Not just for our entertainment, to be sure. Remember, this was my first experience, so I didn't realize that these festivals are measured by the votes taken for each picture. So . . . when you are reading your newspaper's entertainment section and you see so many stars per movie, these festivals are where it's determined. When you walk into the theater you are given a ballot, and you will be chastised by the ushers if you don't fill it out. They require everyone to vote, and comment if one wishes. I imagine it is the same for the Sundance Festival, which I am now longing to attend.

As I write this, I wonder if our members would be interested in a class in which we view an important, time-worthy film and follow it up with discussion. A movie such as "The King's Speech," "Black Swan," "Inception," "Memento," etc. could give us hours of discussion, and most are available at the video store. Just a thought.

Board & Committees

- Director:
Bernie Thomas
503-861-2695
- Assistant Director:
Kitty Paino
503-325-0342
- Secretary: Meg Weaver
503-338-4300
- Treasurer:
Melissa Yowell
503-325-1892
- Past Director:
Roger Williams
503-861-2766
- Curriculum Committee:
Drew Herzig
503-325-1895
- Trip Committee:
Bob Westerberg
503-325-4315
- Membership/Promotion
Rollie Lindstrom
360-777-8750
- Newsletter: Pat Hainline
503-861-9429
- Website: Kitty Paino
503-325-0342
- Speakers Bureau: Vacant
- Sunshine: Elfi Gross
503-325-1944
- Historian:
Darlene Shepherd
503-325-0818
- Lunch Bunch:
Aletha Westerberg
503-325-4315

Cast of Characters

She found Astoria while on a cruise

By Tisha Tarver



Meg Weaver
ENCORE Secretary

Like so many of us who are not native to Astoria or Clatsop County, it was love at first sight. Meg Weaver was born and raised in Stockholm, Sweden. She came to the United States in 1966, a few days before her

21st birthday and lived first in southern California, then in northern California by Monterey Bay. Then, after a year in Carson City, Nevada, Meg discovered Astoria while on a 14-day cruise down the Columbia River. She studied *The Daily Astorian* online, visited Astoria again in February 2006, still liked what she saw, and moved here in May.

Meg has a BS in electronic engineering. After a few years working as an electronics engineer, she was recruited by Hewlett-Packard and worked as a sales engineer for the company's test and measurement group, selling to engineers. She had one really fun assignment, driving a 40-foot-long 12.5-foot-wide, three-axle "mobile laboratory" full of test equipment, around the western sales region. She traveled as far east as Colorado, south to New Mexico and even to El Paso, Texas. Later, she moved into marketing, loved it, and has stayed there ever since.

Meg runs her own publishing company on the Internet. It's named Wooden Horse Publishing, after a little wooden horse that family legend says was her first toy. The company provides educational material to help small business owners. This includes every area of a business, but especially marketing and computer technology. The company's products include books, how-to guides, special reports, blogs, Twitter, webinars (a seminar on the web) and an online media directory.

Having time or not, Meg loves to read. She's a self-proclaimed news junkie; she's always on the Internet, checking the latest events, and CNN is almost

always on in her home office. One of the many reasons, she says, for keeping up with the news, is that you learn about so many different subjects. She gravitates towards scientific topics but is not exclusive. Her reading is typically focused on non-fiction. The novelist Stephen King has said that reading fiction was ruined for him when he learned the techniques of writing it. Meg says it is the same for her. "I have to stop ever so often when reading a work of fiction, because I want to analyze why it was so good – or what I would do to fix a very bad section."

If she had more time, Meg would travel more, teach classes for ENCORE, pick up on her old hobby of horseback riding, audition for one of the community theater groups, "finish that book I was writing," and read more. Food should be included as well, "as I love to eat good food."

It's evident that Meg is a person of accomplishment, and that includes her recent weight loss of 90 pounds. Asked how she did this, Meg replied that "I wish I had a miracle cure, but I just practiced the usual formula – eat less, exercise more." The secret, she says, is portion control. "Our concept of what is a portion has become totally distorted. Last fall I was looking for a set of cereal bowls, so I could eat my oatmeal like a civilized person (not out of the GladWare it was frozen and microwaved in)." Meg says she couldn't find an American-made "cereal bowl" that held fewer than 28 ounces. "Even if it's healthy oatmeal, that's too much!" She says that she can eat chocolate cake, or ice cream, or . . . as long as she eats just a small piece, or a small serving. Thus she doesn't feel like she's on a diet she can't wait to get "off." Rather, it's simply her new way of eating. It was a two-year effort, and Meg says she wants to lose 30 more pounds.

A few years ago Meg saw a notice in the paper about the science exchange class, was instantly interested, joined ENCORE, and has taken several science classes since. She is currently serving ENCORE as secretary, taking minutes at board meetings. "I feel very strongly that we should all continue to learn at

any state in life, and I would like to see us making growing our membership a priority."

Pat Hainline Returns by Popular Demand

By Kitty Paino

Pat Hainline provided an informative, lively, and entertaining ENCORE Newsletter for several



Pat Hainline

years. She returns by popular demand from a short hiatus to again provide a letter that helps bring members information they

most need about ENCORE.

Although an attempt was made to save paper and copying costs, by putting the class schedules in the quarterly Newsletter, information that helps us know more about each other and the inner workings of the organization was missing due to lack of space.

Class information will again be sent to members separately. So to provide information like you see in this newsletter, Pat needs your help! Send your reviews, articles and other information you believe would be important to ENCORE members to Pat at pathain@seasurf.net, or call 503-861-9429.

Wear your name tag

The ENCORE name tags are designed to help members more easily learn each others' names. Wear your name tag at ENCORE



ENCORE is a member-run organization for individuals who are 50+ years of age. We work closely with Clatsop Community College to offer short-term courses and activities, which are usually led by members. Membership is inexpensive and most activities are offered at no charge. Membership is \$50 a year, \$45 if you join before August. If you join mid-year it is prorated. Call 503-338-2408 or visit www.encorelearn.org for a Membership Application.

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Clatsop Community College

1653 Jerome Avenue

Astoria, OR 97103

