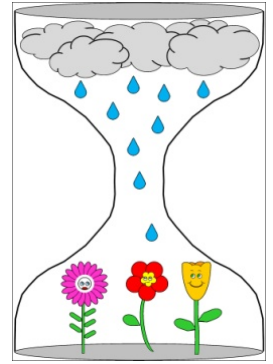




www.encorelearn.org

## Spring 2016 Class Descriptions



### **FOLK DANCING**

Instructor - Drew Herzig (503-325-1895) [drewherzig@yahoo.com](mailto:drewherzig@yahoo.com)

Coordinator - Charles Schweigert (503-325-1895) [schweigertstudio@yahoo.com](mailto:schweigertstudio@yahoo.com)

Day/Time - Mondays; 10:00 am to Noon; 8 sessions

Dates - Mar. 28; Apr. 4, 11, 18, 25; May 2, 9, 16

Location - Astoria Senior Center, 1111 Exchange Street, Astoria

Sample the wide world of folk dance. This class will introduce you to some of the beautiful traditional dances from around the world, from Bolivia to Wales, from Greece to Japan. Students will learn simple line, circle and mixer dances. The historical and cultural backgrounds of these communities will be discussed. No experience needed, no partner required. Wear comfortable clothing and shoes. Be ready to have lots of fun, and get a fair amount of exercise.

### **BRIDGE LESSONS R US**

Instructors - Sandra Baker (503-738-0782) [bakerss@q.com](mailto:bakerss@q.com)

Anne Marie Gramson (503-861-1133) [gilandannegramson@charter.net](mailto:gilandannegramson@charter.net)

Coordinator - Michael McGonigle (503-325-7725) [dmmnurse@yahoo.com](mailto:dmmnurse@yahoo.com)

Day/Time - Tuesdays; 9:30 am to Noon; 7 sessions \*Please note early start time\*

Dates - Mar. 29; Apr. 5, 12, 26; May 3, 10, 17

Location - Astoria Senior Center, 1111 Exchange Street, Astoria; boardroom

Join your friends and new acquaintances while learning the game of bridge. We offer duplicate bridge lessons for interested new, social or rusty players, and will be teaching the ACBL series *The Play of the Hand*. Bridge is a mind-challenging card game and will prepare you to play in the various North Coast duplicate games. Competitive and challenging, bridge is known to enhance mental abilities, especially important for senior players. Please call the instructors if you have any questions about these lessons.

### **COOKING for 1 or 2, Part DEUX**

Instructor - Merianne Myers (503-791-2602) [meriannemyers@gmail.com](mailto:meriannemyers@gmail.com)

Coordinator - Sue Zerangue (503-338-0313) [zerangue@hotmail.com](mailto:zerangue@hotmail.com)

Day/Time - Tuesdays; 10 am to Noon; 5 sessions

Dates - March 29, April 5, 12, 19, 26.

Location - North Coast Food Web building, 577 18th Street, Astoria



Learn easy, economic, delicious ways to cook small meals with just the right amount of leftovers. The whole class cooks together, learning new skills, sharing tips and creating taste-tempting meals that we all enjoy at the end of each class. Classes include all necessary ingredients and equipment, as well as take-home recipes and support materials. Sometimes there are even

leftovers! This class features all new recipes, so those who attended last term are welcome to return for more fun. Come for skill building and inspiration, stay for lunch!

Classes are limited to 10 persons; the fee is \$40 for 5 sessions; scholarships available by calling Wendy D'Agostino at the NCFW office: 503-468-0921. Please register online at [northcoastfoodweb.org/calendar/](http://northcoastfoodweb.org/calendar/). Go to their informative website, click on the ENCORE cooking class on March 29; scroll down to Bookings and fill in the form. You can use the convenient PayPal option to pay for it. If you have further questions, please call Sue Zerangue at 503-338-0313. Don't miss your chance to enjoy this marvelous Food Web experience... sign up today!

### **CROCHET...It Starts With A Chain**

Instructor - Evy Berger (503-338-2566) [eburger@clatsopcc.edu](mailto:eburger@clatsopcc.edu)  
Coordinator - Sue Zerangue (503-338-0313) [zerangue@hotmail.com](mailto:zerangue@hotmail.com)  
Day/Time - Tuesdays; 1:30 to 3:30 pm; 8 sessions  
Dates - Mar. 29; Apr. 5, 12, 19, 26; May 3, 10, 17  
Location - CCC Art Building, Rm. 101, Astoria campus, 1651 Lexington Ave.



Learn the fundamentals of crochet - starting with a chain - then learning the basic stitches and pattern reading. Goals for the class will be to make a wash cloth or pattern of your choice. You will need to bring your own yarn, crochet hook, scissors & tape measure. Printed instructions provided.

### **DOWNLOADING PHOTOS**

Instructor - Jane Francis (503-470-0885)  
Coordinator - Ellen Norris (503-440-5667) [ellendnorris@gmail.com](mailto:ellendnorris@gmail.com)  
Day/Time - Wednesdays; 10:00 am to Noon; 2 sessions  
Dates - Mar. 30, April 6  
Location - Educational Services District (ESD building), Clatsop Room, 3194 Marine Drive, Astoria. Please park on 32nd Street, enter on Marine.



Learn how to send your photos from your camera or smartphone to friends or relatives via email or Facebook, for both Mac & Windows users. Please bring your camera or smartphone to class.

### **ART AND POLITICS OF THE DOCUMENTARY**

Instructor - Maria Brooks (360-777-0034) [maritimewomen@aol.com](mailto:maritimewomen@aol.com)  
Coordinator - Michael McGonigle (503-325-7725) [dmmnurse@yahoo.com](mailto:dmmnurse@yahoo.com)  
Day/Time - Wednesdays; 10:30 am to 12:30 pm; 5 sessions  
\*Please note late start time\*  
Dates - Apr. 13, 20, 27; May 4, 11  
Location - Astoria Senior Center, Classroom, 1111 Exchange Street, Astoria

We will view works by leading documentary filmmakers and discuss 'bias', 'truth', and the political point of view of the producers. We will explore the varieties of documentary styles and intentions. This term our themes are AGING and MEDIA MUSCLE (its partisanship and cultural impact), and AMERICAN POLITICS IN THE AGE OF HOPELESSNESS.

## **SCIENCE EXCHANGE**

Instructor - Judith Schlecter (510-220-4070) [judith.schlecter@gmail.com](mailto:judith.schlecter@gmail.com)

Coordinator - Sue Zerangue (503-338-0313) [zerangue@hotmail.com](mailto:zerangue@hotmail.com)

Day/Time - Wednesdays; 1:30 to 3:30 pm; 8 sessions

Dates - Mar. 30; Apr. 6, 13, 20, 27; May 4, 11, 18

Location - Educational Service District (ESD bldg.), Clatsop Room

3194 Marine Drive, Astoria

Please park on 32nd, enter on Marine.



Attention all science nerds...we'll be back in our Big Bang Theory mode this spring, with Judith Schlecter once again at the helm, lightly facilitating our wide-ranging discussions of topical science...and often beyond. Students are encouraged to bring in an article or video link of something they've found interesting to share with the class, but are also welcome to just observe or join the discussion at will.

Our subjects are always diverse... geology, physics, climate change, the mysteries of space & time, the latest in genetic research, citizen science and much more. If these topics appeal to you, please join us for weekly mental workouts with like-minded lovers of all things science.

## **THE SALVAGE CHIEF: RESCUE SHIP**

Instructor - Sunnie Bell

Coordinator - Judith Schlecter (510-220-4070)

[judith.schlecter@gmail.com](mailto:judith.schlecter@gmail.com)

Day/Time - Thursdays; 10:00 am to Noon; 7 sessions

Dates - Mar. 31; Apr. 7, 14, 28; May 5, 12, 19 \*No class on 4/21; field trip on 5/19\*

Location - Astoria Senior Center, Classroom, 1111 Exchange Street, Astoria



[MarineTraffic.com](http://MarineTraffic.com)

In its decades of service, this amazing tugboat was the strongest in the world, rescuing vessels all along the Pacific Coast and sometimes far out to sea to accomplish its heroic missions. Many crew members remain in and around Astoria, and the ship itself returned home in 2015. Stories and sea tales are brought to life again in "*The Salvage Chief: Rescue Ship*" a written documentary that forms the basis of this class. Copies of this book will be available through the instructor for \$22, but are not required for the class. All proceeds go to the Salvage Chief Foundation.

Students will experience that history, both in the classroom and on a field trip to step aboard the famous *Salvage Chief* at its final shelter near Tongue Point.

## **JUSTICE AND VIOLENCE: BROKEN TREATIES AND PROMISES**

Instructor - Erhard Gross (503-468-0752) [uniqhorn@charter.net](mailto:uniqhorn@charter.net)

Coordinators - Rose Power (360-642-8449) [weatherbeach143@centurytel.net](mailto:weatherbeach143@centurytel.net)

Elfi Gross (503-468-0752) [elfi.gross1@gmail.com](mailto:elfi.gross1@gmail.com)

Day/Time - Thursdays; 1:30 to 3:30 pm; 5 sessions & field trip

Dates - Apr. 21, 28; May 5, 12, 19 Field trip: May 23, 24, 25

Location - City Council Chambers, 2nd floor, Astoria's City Hall, 1095 Duane Street

This course focuses on the relationship between American governments and certain Indian tribes during the second half of the 19th Century. The in-class sessions will review the Trail of Tears, double

dealing for the Paha Sapa, Sand Hill, Fetterman and Wounded Knee massacres. We'll study Apache leader Geronimo, Chief Joseph, the Battle of the Little Bighorn, the flight of the Nez Perce as well as the Whitman Massacre, and a few others.

This course includes a **three-day field trip** to the Nez Perce reservation, Lapwai, Id, the Whitman Mission site near Walla Walla and the Tamastlikt Cultural Institution on the Confederated Tribes of the Umatilla Indian Reservation. Pre-registration and a deposit for the field trip are required. Detailed information about this trip is available on our website... <http://encorelearn.org>.

## PHILOSOPHICAL QUESTIONS

Instructor - - Kjirsten Severson – [kjirsten13@yahoo.com](mailto:kjirsten13@yahoo.com)

Coordinator - - Frank Spence (503-325-2365) [frspence@bellsouth.net](mailto:frspence@bellsouth.net)

Day/Time - - Fridays; 10:00 am to Noon; 8 sessions

Dates - Apr. 1, 8, 15, 22, 29; May 6, 13, 20

Location - Astoria Senior Center, 1111 Exchange Street, Astoria



Plato and Aristotle  
from Wikipedia.com

Philosophy is a tradition long fascinated by our very own existence and the journeys of humanity across time, culture and discipline. Before there were individual fields of study, there was philosophy. Before there were university systems, and some might even suggest that before there was religion, there was philosophy. Our reflective thoughts about our existence and the world which surrounds us gave rise to rituals of comfort that led to the development of religion.

We now live in a day where most people in our society are detached from any direct knowledge about their philosophical roots. We are thrust into existence, with expectations, obligations, and regulations defining us before we have a developed sense of self. In this flurry of activity, the awing fact that we exist often gets lost, even to ourselves.

We will have the opportunity to ask humanity's core questions that are often smothered by the demands of daily living: *How strange is it to be alive!? What is "Being Human"? Do we freely make our own choices? Does reality have a "true nature"? What does it mean to have a "self"?* By investigating these questions together, we join an ancient, growing history of people who create Western philosophy.

Together we will learn to read original philosophical texts and apply their contents to our personal life relationships. To give us substance, we will develop an appropriate vocabulary and increase our critical reading skills, while enhancing our ability to understand and analyze abstract thought.

Dear Members of ENCORE,

Your Curriculum committee is trying to put together programs and courses that appeal to a broad audience. Whereas some of these offerings may be as tame as crocheting, others can be controversial. And where we encourage our instructors, old and new, to give our members a fair advance notice of the contents of their presentations, under the principle of Academic Freedom, we neither require an absolutely unbiased presentation nor censure our instructors and facilitators.

If you are exposed to subject matter and instructors whose bias you can't share, you have the option of leaving. Short of that, we request that you respect the opinions of others just as you would expect others to respect yours.

For the Curriculum committee,

Reta Lindstrom, Chairperson, October 19, 2015